

***Talk on Tuesday, 7. March 2023***

***in HS 424***

***Start: 10:15 c.t. (till 11.30)***

***The talk will be presented in English***

# **Challenges of embodied decision making – Movement variability as a window into developmental changes of motor cognition**

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In everyday life situations, motor actions usually have to be planned and performed under uncertain conditions e.g., with regard to the probability with which the different options will be successful or with limited availability of sensory information<sup>1</sup>. Previous research has provided empirical evidence that the human motor system accounts for this uncertainty by coordinating the abundant effector degrees of freedom to allow flexibility in movement execution (e.g., to adjust movement plans) but also to grant stability in the movement outcome<sup>2,3</sup>. Consequently, observed changes in movement coordination, quantified by analyzing the time course of movement variability,

have previously been explained as adjustments of the sensorimotor system to uncertain planning conditions<sup>4</sup>. In this context, empirical evidence also suggests different movement coordination patterns in older than younger adults<sup>5</sup>. A theoretical explanation for this observation is still missing. The developmental theory of embodied decision-making, however, would potentially offer such a framework<sup>6,7</sup>.

In this talk I will present recent research on the topic, including studies targeting questions, such as: Do strategic changes in movement coordination, assessed through the analysis of movement

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variability, reflect dynamics during the embodied decision-making processes? As well as, can age-related differences in movement coordination be explained by age-related decline in cognitive functioning affecting embodied decision-making?

Advancing research in this direction becomes of potential relevance when changes in movement coordination in decreased outcome-stability, in the worst case resulting in the failure of the motor action, with potential effects on the self-dependency of living and with significant consequences especially for older adults.

### **References:**

- <sup>1</sup> Faisal, A. A., & Wolpert, D. M. (2009). Near optimal combination of sensory and motor uncertainty in time during a naturalistic perception-action task. *Journal of neurophysiology*, 101(4), 1901-1912.
- <sup>2</sup> Latash, M. L., Scholz, J. P., & Schönner, G. (2002). Motor control strategies revealed in the structure of motor variability. *Exercise and sport sciences reviews*, 30(1), 26-31.
- <sup>3</sup> Müller, H., & Sternad, D. (2009). Motor learning: changes in the structure of variability in a redundant task. In *Progress in motor control* (pp. 439-456). Springer, Boston, MA.
- <sup>4</sup> de Freitas, S. M. S. F., Scholz, J. P., & Stehman, A. J. (2007). Effect of motor planning on use of motor abundance. *Neuroscience letters*, 417(1), 66-71.
- <sup>5</sup> Dutta, G. G., Freitas, S. M. S. F., & Scholz, J. P. (2013). Diminished joint coordination with aging leads to more variable hand paths. *Human movement science*, 32(4), 768-784.
- <sup>6</sup> Lux, V., Non, A.L., Pexman, P.M., Stadler, W., Weber, L.A.E. & Krüger, M. (2021). A Developmental Framework For Embodiment Research: The Next Step Toward Integrating Concepts and Methods. *Frontiers in Systems Neuroscience*, 15, 672740.
- <sup>7</sup> Cisek, P., & Pastor-Bernier, A. (2014). On the challenges and mechanisms of embodied decisions. *Phil. Trans. R. Soc. B*, 369(1655), 20130479.