

### WELL-BEING IN THE TEACHING PROFESSION: INTERNATIONAL PERSPECTIVES

AUGUST 26 - 30, 2024 COLOGNE



#### OBJECTIVES LEARNING

The participants of the UNITE Summer School will

- explore various dimensions of well-being in general, and teacher well-being in particular,
- learn how the topic of teacher and student well-being is being discussed and implemented in teacher education programmes in various countries worldwide,
- be encouraged to find ways to increase their own well-being as teachers,
- learn about possible ways to help transform schools into
- happy and motivating environments for everyone,

MON

dinner

- engage with other international students and teaching
- professionals.

programme

6pm or later



THU

closing dinner

FRI

### PRELIMINARY PROGRAMME

TUE

free time

**WED** 

open mic

	26 AUGUST	27 AUGUST	28 AUGUST	29 AUGUST	30 AUGUST
morning programme (optional) 07.30 - 9am	arrival	yoga		bird watching tour	check-out
<b>cor</b> e <b>programme</b> 9am - 4pm	focus: international perspectives	focus: research	focus: school visits & good-practice	focus: ideathon	focus: interdisciplinary impulses end: 1pm
evening	welcome	fron time	anan mia		

### WHO CAN ATTEND?

The Summer School is open to

**student teachers** of all subjects, enrolled in Bachelor's or Master's degree programmes, **doctoral candidates** in the field of educational sciences, and **professionals in teacher education** 

who study/work at one of our UNITE, EUniWell or teff partner universities.

## UNTIL WHEN SHOULD I LET YOU KNOW WHO WILL ATTEND FROM MY INSTITUTION?



For planning purposes, please let us know <u>by 24 March 2024</u>, if possible, how many teachers and students from your institution are interested in participating in the UNITE Summer School. On average, we can accommodate 1 teacher and 2 students from every partner university. Kindly use this survey to inform us about the number of likely participants from your university:

https://forms.zflkoeln.de/registration-unite-summer-school-well-being-teaching-profession

### WHAT FUNDING OPPORTUNITIES ARE THERE?

Participating teachers from non-European UNITE partner universities can be supported through the UNITE project. The support covers travel expenses and accommodation for one teaching staff per university.

Participating teachers from European UNITE partner universities can apply for travel grants from the ERASMUS+ teaching staff mobility scheme through their universities.

Additionally, one student from every non-European UNITE partner university can be supported through UNITE and the Cologne Summer School programme.

For students from European partner universities, we can cover the costs for accommodation (in hostel dorms).

HOW CAN I CONTRIBUTE TO THE PROGRAMME OF THE SUMMER SCHOOL?

Here's a list of suggested topics for lectures and workshops:

- Facts and figures about teacher (and student) well-being in your country
- Interrelations between teacher and student well-being
- Systemic and multidimensional approaches to well-being at school
- Teachers' job satisfaction
- Implementing well-being in all phases of teacher education
- Increasing well-being among pre-service teachers
- Social support programmes and their effects on teacher and student wellbeing
- Outcomes of teacher well-being
- Well-being and educational (in)equity
- Teacher well-being and digitalisation
- Teacher identity and teacher well-being in social media
- Philosophical perspectives on well-being
- Insights from social, political or economical sciences
- Classroom management
- Time management
- Stress management
- Planning and conducting effective parent-teacher conferences
- Designing activating learning environments on a small budget
- Learning in nature / Education outside the classroom
- Democracy education and well-being
- Soul food increasing well-being at school through nutrition and cooking
- Music, dance, and yoga in the classroom etc.
- ...

#### WHAT IS OUR DEFINITION OF A WORKSHOP?

Workshops may be research-based or praxis-oriented. The aim of a workshop is for its participants to acquire new knowledge and discuss a given topic with international peers (= focus on theory), or to learn and apply a new methodology or technique

Every workshop should include interactive elements such as discussions or group work.

(= focus on praxis).

# WHO CAN CONDUCT A WORKSHOP?

Both lecturers and participating students from one of the UNITE, EUniWell or teff partner universities can offer workshops. We encourage collaboration between universities and will be glad to assist you finding partners. A list of partner universities can be found on the respective websites of UNITE Cologne, EUniWell, and teff Academy.



### HOW MUCH TIME DO I HAVE FOR MY WORKSHOP?

Workshops should have a duration of 30, 60, 90 or 120 minutes. If you need more time, you can let us know when registering online.

## WHAT LANGUAGE(S) SHOULD I USE FOR MY WORKSHOP?

To make the workshops accessible to all participants, English will be the main language of instruction.

#### WHO CAN I CONTACT FOR FURTHER INFORMATION?

If you are from a **UNITE** partner university: Mr Christian Rabl (christian.rabl@uni-koeln.de)

If you are from a **teff** partner university:

Team teff@Cologne (teacher-academy@uni-koeln.de)

If you are from a **EUniWell** partner university:

Dr Dorothee Gröger (dorothee.groeger@uni-koeln.de)

