

Liebe Studierende,

gerne laden wir Sie zum öffentlichen Vortrag „Public Lecture: The Upper Limit of Cardiorespiratory Fitness and Performance in Heart Transplantation“ am **27.02.2025 von 18:30 – 20:00 Uhr (PMU: Haus D, EVER Pharma Audimax)** ein. Elmar Sprink ist ein Triathlet, der an der renommierten Ironman-Distanz teilnimmt: 3,9 km Schwimmen, 180,2 km Radfahren und 42,2 km Marathonlauf. Was seine Geschichte besonders bemerkenswert macht, ist, dass Elmar ein Herztransplantierte ist, der vor 12 Jahren ein Spenderherz erhalten hat.

Die Sitzung wird von dem Kardiologen, Dr. Mahdi Sareban, und dem Sportphysiologen, Dr. Gunnar Treff, geleitet, die fachkundige medizinische und wissenschaftliche Einblicke in seinen Weg geben werden. Die Vorlesung findet im Rahmen der Winterschool Exercise Physiology in Health and Disease statt. Weitere Details entnehmen Sie gerne der beigefügten Einladung.

Um Anmeldung unter diesem Link wird gebeten: <https://forms.pmu.ac.at/250133803726855>

Mehr info: <https://www.pmu.ac.at/en/about-the-pmu/internationalization/summer/-winter-school/winter-school>

Dear Students,

We are pleased to invite you to the public lecture, “The Upper Limit of Cardiorespiratory Fitness and Performance in Heart Transplantation”, on **February 27, 2025, from 6:30 PM to 8:00 PM (PMU: Building D, EVER Pharma Audimax)**.

Elmar Sprink is a triathlete who competes in the renowned Ironman distance: 3.9 km swimming, 180.2 km cycling, and a 42.2 km marathon. What makes his story particularly remarkable is that Elmar is a heart transplant recipient, having received a donor heart 12 years ago.

The session will be chaired by cardiologist Dr. Mahdi Sareban and exercise physiologist Dr. Gunnar Treff, who will provide expert medical and scientific insights into his journey. The event is part of the Winterschool Exercise Physiology in Health and Disease. Further details can be found in the attached invitation.

Please register via this link: <https://forms.pmu.ac.at/250133803726855>

More info: <https://www.pmu.ac.at/en/about-the-pmu/internationalization/summer/-winter-school/winter-school>

Vielen dank!

LG, Ajda Medvesek

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